



ENNEAGRAM Resource List

FURTHER YOUR OWN EXPLORATION

BOOKS

- The Enneagram Made Easy by Renee Baron and Elizabeth Wagele
- The Enneagram: A Christian Perspective by Richard Rohr and Andreas Ebert
- The Essential Enneagram by David Daniels and Virginia Price
- The Complete Enneagram: 27 Paths to Greater Self-Knowledge by Beatrice Chestnut
- The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types by Don Riso and Russ Hudson
- Spiritual Rhythms for the Enneagram: A Handbook for Harmony and Transformation by Calhoun & Loughrige
- The Sacred Enneagram: Finding Your Unique Path to Spiritual Growth by Christopher L. Heuertz.
- The Enneagram of Belonging: A Compassionate Journey to Self-Acceptance by Christopher L. Heuertz.
- The Spiritual Dimensions of the Enneagram: 9 Faces of the Soul by Sandra Maitri
- The Enneagram of Personality Types: Instinctual Subtypes – 27 Paths in Life and Subtypes in Relationship by Peter O’Hanrahan
- The Enneagram in Love and Work: Understanding your intimate and business relationships by Helen Palmer
- The Road Back to You: An Enneagram Journey to Self-Discovery by Ian Morgan Cron and Suzanne Stabile

OTHER RESOURCES

- Enneagram Songs by Sleeping At Last (find them on Spotify and Youtube),
- Sleeping At Last Podcast (when describing the nine types)
- Enneagram Mapmakers Podcast with Chris Heuertz
- Typology Podcast with Ian Morgan Cron
- The Narrative Enneagram – www.NarrativeEnneagram.org
- The Enneagram Institute – <http://www.EnneagramInstitute.com>
- EnneaAPP in the App Store
- Follow Instagram: @NarrativeEnneagram, @EnneagramForWholeness, @Contemplative.Enneagram, @Sarajanecase

*Of course there are many more! Start here and see where your exploration leads.

"Don't let your self-awareness run too far ahead of your self-compassion."

Renee Rosario